

ADULT TENNIS

CLINICS

SUNDAYS	MIXED CLINIC	9 a.m 10:30 a.m.	\$40 PER MEMBER
MONDAYS	MIXED CLINIC	12 p.m 1:30 p.m.	\$40 PER MEMBER
	MEN'S NIGHT CLINIC & DOUBLES	6:30 p.m 8:00 p.m.	\$40 PER MEMBER
TUESDAYS	MIXED CLINIC	12 p.m 1:30 p.m.	\$40 PER MEMBER
	MIXED CLINIC	6:30 p.m 8 p.m.	\$40 PER MEMBER
WEDNESDAYS	MIXED CLINIC	12 p.m 1:30 p.m.	\$40 PER MEMBER
	CARDIO TENNIS	6:30 p.m 8 p.m.	\$40 PER MEMBER
THURSDAYS	MIXED CLINIC	12 p.m 1:30 p.m.	\$40 PER MEMBER
	MEN'S CLINIC	6:30 p.m 8 p.m.	\$40 PER MEMBER
FRIDAYS	FUNDAMENTALS CLINIC	9 a.m 10:30 a.m.	\$40 PER MEMBER
SATURDAYS	CLINICS	MEN'S 9 a.m 10:30 a.m. WOMEN'S 9 a.m 10:30 a.m.	\$40 PER MEMBER

SEE REVERSE FOR CLINIC DETAILS

**All clinics require advanced sign-up. Register: call 512.329.4008 or email Monte.Williams@Omnihotels.com.

If you do not cancel your reservation 24 hours prior, you will be charged. **

This schedule is subject to change.

MEN'S NIGHT CLINIC & DOUBLES

Mondays | 6:30 p.m. - 8:00 p.m.

Participate in drills and play singles or doubles with players of various skill levels. Utilize all the strokes, court movement and footwork patterns. \$40 per member

ADULT CARDIO TENNIS

Wednesdays | 6:30 p.m. - 8 p.m.

Cardio Tennis pushes your fitness to a new level with a high-energy workout! This clinic is a fun and social group activity featuring drills for players of all skill levels. The clinic includes warm-up, cardio workout and cool down phases. If you are looking for a new way to get in shape and burn calories, try Cardio Tennis! \$40 per member

FUNDAMENTALS CLINIC

Fridays | 9 a.m. - 10:30 a.m.

Tennis professionals will introduce you to the basic fundamentals of the tennis game. Whether you are looking to get back in the "swing" of it, or discovering tennis for the first time, FUNdamentals Clinic has a spot for you! \$40 per member

TENNIS CLINICS FOR MEN & WOMEN

Mondays | Mixed Clinic 12 p.m. - 1:30 p.m. Tuesdays | Mixed Clinic 12 p.m. - 1:30 p.m. | Mixed Clinic 6:30 p.m. - 8 p.m. Wednesdays | Mixed Clinic 12 p.m. - 1:30 p.m. Thursdays | Mixed Clinic 12 p.m. - 1:30 p.m. | Men's Clinic 6:30 p.m. - 8 p.m. Saturdays | Men's Clinic 9 a.m. - 10:30 a.m. | Women's Clinic 9 a.m. - 10:30 a.m. Sundays | Men's & Women's Clinic - 9 a.m. - 10:30 a.m. Tennis pros will drill you on all strokes, forehands, backhands, volleys, approach shots, overheads and serves. Clinics provide great instruction and a great workout at the same time. \$40 per member