

MOKARA  
 SPA

# WELCOME TO MOKARA

At MOKARA Spa Fort Lauderdale, each space is carefully designed to reflect the tranquil beauty of Florida's natural landscape. The soothing atmosphere quiets the mind, uplifts the senses, and reawakens inner harmony.

## PACKAGES

### MOKARA SOJOURN

**Your time to pause, renew, and return restored.**

Unwind with a customized 50-minute MOKARA Custom Massage, tailored to your body's unique needs. Then choose your path to renewal with either a 50-minute MOKARA Custom Facial or the deeply revitalizing Radiant Renew Ritual, both 50 minutes.

### ELEMENTS

**Balance by elements. Awaken your senses.**

A restorative journey inspired by nature's elements – fire, earth and air. A warm 50-minute Himalayan Salt Stone Massage begins the experience, followed by our 80-minute hydrating Serenity Wrap and the choice of a soothing scalp or foot massage. The ritual concludes with a 50-minute Oxygen Infusion Facial to hydrate and revitalize the complexion and a gift from MOKARA Fort Lauderdale – a keepsake of your Journey.

### THE JOURNEY

**Let go, be still, and awaken renewed.**

In the gentle warmth of our Ritual Pavilion, experience a traditional self-guided Hammam exfoliation before a soothing 80-minute Voyager Massage and a 50-minute Cryo- Sculpt Facial enhanced by Gua Sha to lift, contour and revitalize the complexion. The journey concludes with a luxurious MOKARA Custom Aroma Blend Pedicure and a gift from MOKARA Fort Lauderdale – a keepsake of your Journey.

TO RESERVE YOUR TREATMENT: dial 754.224.3701

# FACIALS

## MOKARA CUSTOM FACIAL 50/80 minutes

A personalized skincare journey designed to lift, regenerate or deeply hydrate the complexion while simultaneously encouraging cell renewal, restoring youthful plumpness and a beautiful radiant glow.

## CRYO SCULPT FACIAL 50 minutes

The power of cold therapy blends with the ancient art of Gua Sha to reveal a lifted and radiant complexion. Experience stimulated circulation, reduced puffiness and encourage natural collagen production while facial contours are being refined and revitalized.

## BIO BALANCE FACIAL 50 minutes

A soothing, skin-refining treatment unifying potent prebiotic and probiotic actives. Kaolin clay and hyaluronic acid draws out impurities, while pores are refined and skin is replenished with hydration for a clearer, smoother and glowing complexion.

## DELUXE FACIAL EXPERIENCE 100 minutes

The ultimate facial indulgence combines deep relaxation with powerful skin-renewing results. The journey begins with a soothing back massage, followed by a complete deluxe facial and two advanced mask applications to plump, firm and nourish the skin.

## SKIN RENEWAL 80 minutes

This high-performance facial uses the restorative power of organic marine botanicals and advanced age-defying techniques to deliver optimal skin health. A powerful, rejuvenating facial massage enhanced with sonic pulse technology and deeply restorative masks that replenish hydration and restore balance.

## MOKARA HYDRAFACIAL 50/80 minutes

Experience advanced skin rejuvenation with the perfect pairing of HydraFacial and collagen therapy. A treatment that detoxes, cleanses, exfoliates and hydrates while infusing the skin with collagen-rich actives that help to reduce fine lines and restore youthfulness.

## OXYGEN INFUSION FACIAL 50/80 minutes

Therapeutic oxygen and hyperbaric pressure are used to infuse skincare actives deep into the skin during an Oxygen Infusion Facial. This luxurious treatment is weighted with essential vitamins, antioxidants, botanicals and amino peptides that rehydrate, plump and restore.

TO RESERVE YOUR TREATMENT: dial 754.224.3701  
1850 SE 17th St., Fort Lauderdale, Florida, 33316  
[www.omnihotels.com/hotels/fort-lauderdale/spa](http://www.omnihotels.com/hotels/fort-lauderdale/spa)

# MASSAGES

## MOKARA CUSTOM MASSAGE 50/80/100 minutes

The ultimate in personalized relaxation and therapeutic care, this thoughtfully designed custom massage treatment is designed to meet your body's specific needs - whether it's focusing on tension relief, enhanced circulation, stress reduction or overall wellness.

## MOKARA CUSTOM COUPLES MASSAGE 50/80/100 minutes

Share the experience with a Luxury Custom Couples Massage – an exquisite treatment for two in a serene setting that promotes balance and wellbeing. Select a massage style from deep relaxation to tension relief or revitalization and melt into bliss as you enjoy this calming journey together.

## SPORTS MASSAGE 50/80 minutes

Our Sports Massage targets the muscles used during physical activities. Whether preparing for a competition, recovering from intense training or managing sports-related stressors, this massage helps to optimize your body's function and can promote faster healing. Stretching techniques may be incorporated with this service.

## REFLEXOLOGY 50 minutes

A holistic healing journey that balances mind and body through targeted pressure points on the hands and feet and concludes with a soothing head massage. This deeply relaxing treatment stimulates energy flow and encourages natural healing while easing stress and restoring harmony.

## GENTLE EMBRACE MASSAGE 50/80 minutes

This gentle and nurturing massage is designed specifically for expectant mothers to ease discomfort and promote relaxation. Using carefully selected techniques, the massage relieves tension in key areas while helping to reduce swelling, soothe tired muscles and improve circulation. Consult medical professional prior to booking. Expecting mothers must be beyond first trimester (13 weeks).

## HIMALAYAN SALT STONE MASSAGE 50/80 /100 minutes

A deeply grounding massage that leaves the body revitalized, skin radiant and mind calm. This unique treatment uses the healing warmth of mineral-rich salt stones combined with expert massage techniques to melt away tension while stimulating circulation and helping natural detoxification.

## VOYAGER MASSAGE 80 / 100 minutes

This head-to-toe ultimate relaxation experience helps to calm the mind and soothe the body. A luxurious ritual that blends facial massage, scalp revitalization and a restorative body massage using flowing stretches and the rhythmic movements of the sea.

## INFUSED HERB THERAPY MASSAGE 50/80 minutes

A true sensory indulgence, this massage uses warm steamed poultices filled with orange, clove, ginger, and mineral-rich Fucus Serratus seaweed. The poultices are gently massaged over the body, releasing oils that deeply nourish and revitalize the skin while leaving your body fully relaxed.

# BODY TREATMENTS

## ORGANIC SEAWEED LEAF WRAP 80 minutes

A restorative treatment that uses hand-harvested Laminaria seaweed leaves and herbal covering to cocoon the body in nature's purest form of hydration and detoxification. Experience gentle exfoliation, an infusion of minerals, vitamins and antioxidants, followed by a calming scalp massage and a nourishing body cream to leave the skin silky, firm and radiant.

## RADIANT RENEWAL RITUAL 50 minutes

A full-body exfoliation to refresh and renew your skin. Gentle dry brushing stimulates lymphatic drainage and boosts circulation. This is followed by an indulgent body scrub and a nourishing body oil to leave skin luminous, deeply hydrated and re-energized.

## SERENITY WRAP 80 minutes

A revitalizing full-body treatment to awaken and restore skin balance from head to toe. The treatment begins with a gentle body brushing, prepping the skin to absorb VOYA's mineral-rich, oil-infused rice wrap. A refreshing shower follows and the treatment concludes with a luxurious application of hydrating body cream.

## HAND & FOOT RITUAL 50 minutes

Designed to nourish, recondition and revive tired hands and feet, this ritual begins from the knees down, gently refining the skin and stimulating circulation. Indulge in a deeply relaxing massage before your lower legs are wrapped in warm Atlantic seaweed leaves to detoxify, boost circulation and soothe weary feet.

# NAILS & BLOW DRY BAR

## NO POLISH - BUFF & SHINE MANICURE 30 minutes

NO POLISH - BUFF & SHINE PEDICURE 30 minutes  
A classic nail care treatment for hands or feet designed to pamper and rejuvenate. Includes nail shaping, cuticle care, gentle exfoliation, and moisturizing massage.

## CLEAN BEAUTY MANICURE 45 minutes

CLEAN BEAUTY PEDICURE 50 minutes  
As part of your manicure and pedicure, enjoy our commitment to clean beauty with Dazzle Dry – a quick-drying, long-lasting natural nail system. This innovative formula, rooted in purity, promotes healthier nails while delivering a flawless finish in just 5 minutes that lasts 7+ days.

## GEL POLISH MANICURE 45 minutes

GEL POLISH PEDICURE 50 minutes  
A classic nail care and gel polish treatment for hands or feet designed to pamper and rejuvenate. This service includes meticulous nail shaping, cuticle refinement, gentle exfoliation, and a hydrating massage to restore softness and glow. Finished with a durable, high-shine gel polish for long-lasting, chip-resistant wear.

## MOKARA CUSTOM AROMA BLEND MANICURE 50 minutes

## MOKARA CUSTOM AROMA BLEND PEDICURE 50 minutes

Curate your experience with intention. A custom blend of aromatherapy oils is crafted just for you, creating a bespoke treatment that aligns uniquely with where your intentions guide you. Includes nail shaping, cuticle care, gentle exfoliation, moisturizing massage, and polish.

## BLOW DRY BAR

A polished, expertly styled finish tailored to your hair's natural texture and desired look. Our stylists create a smooth, voluminous, or effortlessly undone blowout using professional techniques and nourishing products. Service timing varies based on the length and thickness of the hair.

# MOKARA



## FACIALS

MOKARA CUSTOM FACIAL .....	50/80 minutes .....	starting at \$180/\$265
CRYO SCULPT FACIAL .....	50 minutes .....	starting at \$195
BIO BALANCE FACIAL .....	50 minutes .....	starting at \$180
DELUXE FACIAL EXPERIENCE .....	100 minutes .....	starting at \$325
SKIN RENEWAL .....	80 minutes .....	starting at \$265
MOKARA HYDRAFACIAL .....	50/80 minutes .....	starting at \$279/\$339
OXYGEN INFUSION FACIAL .....	50/80 minutes .....	starting at \$225/\$285

## MASSAGES

MOKARA CUSTOM MASSAGE .....	50/80/100 minutes.....	starting at \$180/\$280/\$350
MOKARA CUSTOM COUPLES MASSAGE.....	50/80/100 minutes.....	starting at \$360/\$560/\$700
SPORTS MASSAGE .....	50/80 minutes .....	starting at \$195/\$288
REFLEXOLOGY.....	50 minutes .....	starting at \$180
GENTLE EMBRACE MASSAGE .....	50/80 minutes .....	starting at \$180/\$280
HIMALAYAN SALT STONE MASSAGE .....	50/80/100 minutes.....	starting at \$195/\$288/\$360
VOYAGER MASSAGE .....	80/100 minutes.....	starting at \$288/\$360
INFUSED HERB THERAPY MASSAGE .....	50/80 minutes .....	starting at \$195/\$280

## BODY TREATMENTS

ORGANIC SEAWEED LEAF WRAP .....	80 minutes .....	starting at \$288
RADIANT RENEWAL RITUAL.....	50 minutes .....	starting at \$180
SERENITY WRAP .....	80 minutes .....	starting at \$245
HAND & FOOT RITUAL .....	50 minutes .....	starting at \$180

## NAILS & BLOW DRY BAR

NO POLISH - BUFF & SHINE MANICURE.....	30 Minutes.....	\$45
NO POLISH - BUFF & SHINE PEDICURE.....	30 minutes .....	\$65
CLEAN BEAUTY MANICURE .....	45 minutes .....	\$60
CLEAN BEAUTY PEDICURE.....	50 minutes .....	\$80
GEL POLISH MANICURE.....	45 minutes .....	\$65
GEL POLISH PEDICURE .....	50 minutes .....	\$85
MOKARA CUSTOM AROMA BLEND MANICURE .....	50 minutes .....	\$75
MOKARA CUSTOM AROMA BLEND PEDICURE.....	50 minutes .....	\$95

### NAIL ENHANCEMENTS

Gel Polish | \$20+

French | \$15+

### BLOW DRY BAR

Short | \$65

Medium | \$75

Long | \$85+

Extensions | additional charge, consultation required

## PACKAGES

### MOKARA SOJOURN

50-minute MOKARA Custom Massage & choice of 50-minute MOKARA Custom Facial or 50-minute Radiant Renew Ritual.

Visit Approx 2 hours | \$380, inclusive of service charge

### ELEMENTS

50-minute Himalayan Salt Stone Massage, Serenity Wrap, and Oxygen Facial.

Visit Approx 3 hours | \$700, inclusive of service charge

### THE JOURNEY

80-minute Voyager Massage, 50-minute Cryo Sculpt Facial, & MOKARA Custom Aroma Blend Pedicure

Visit Approx 3.5 hours | \$595, inclusive of service charge

A 20% service charge will be added to all à la carte treatments and services.

Arrive at least 30 minutes prior to your scheduled appointment A 50% deposit is required at the time of booking. Cancellations must be made at least 24 hours in advance In accordance with Florida law (§480.043, F.S.), all guests are required to present a valid government-issued photo ID at check-in. Guests must be 18 years or older to access spa. Access to spa facilities including saunas, steam rooms, Hammam, heated plunge pool, pool and fitness center is included with spa services only. For the comfort, health, and safety of all guests, conservative swimwear is required at all times while enjoying the facilities.

### **SPA ETIQUETTE & POLICIES**

We look forward to welcoming you to MOKARA Spa Fort Lauderdale. To ensure a serene and enjoyable experience for all guests, please take a moment to review the following spa etiquette and policies:

### **RESERVATIONS**

=Spa services may be conveniently booked online. For parties of more than two guests, please contact us directly at 754-224-3700 at least 48 hours in advance. We can accommodate up to four services at a time, based on availability.

### **ARRIVAL & CHECK-IN**

Please arrive at least 30 minutes prior to your scheduled appointment to allow time to check in, unwind, and enjoy our spa amenities.

Note: The time listed on your confirmation is the exact start time of your treatment. Late arrivals may result in a shortened service to avoid delays for other guests.

### **DEPOSIT & CANCELLATION POLICY**

To reserve your appointment, a 50% deposit is required at the time of booking. This deposit secures your scheduled time, which is held exclusively for you.

We understand that life happens – if you need to make changes, please review our cancellation and rescheduling guidelines below:

- Cancellations must be made at least 24 hours in advance to avoid a cancellation fee.
- Cancellations made with less than 24 hours' notice will result in a charge equal to 50% of the total service(s) booked (your deposit).
- No-shows will also be charged the full deposit amount.
- Same-day appointment time changes (e.g., rescheduling to a different time that day) will incur a \$35 fee per appointment.

We appreciate your understanding and cooperation, which allows us to provide the best possible service to all our clients.

### **GUEST IDENTIFICATION REQUIREMENTS**

In accordance with Florida law (§480.043, F.S.), all guests are required to present a valid government-issued photo ID at check-in.

### **MINIMUM AGE REQUIREMENTS**

- Guests must be 18 years or older to access spa facilities and receive massages, facials or body treatments.
- Our spa is designed as a serene retreat for adults; however, we are delighted to extend a warm welcome to guests ages 10–17 for our manicure and pedicure services.

### **SPA FACILITY ACCESS**

Access to spa facilities including saunas, steam rooms, Hammam, whirlpool, pool and fitness center is included with spa services only. Salon services do not include access to spa facilities.

### **GRATUITIES & SERVICE FEES**

- A 20% spa service fee will be added to each service and will be distributed to staff members who assisted you during your visit.
- Additional gratuities are welcome and entirely at your discretion.

### **JEWELRY & PERSONAL BELONGINGS**

Please do not bring valuables and jewelry with you to your visit. MOKARA Spa is not responsible for lost or stolen items, including those stored in lockers or robes.

### **GENERAL CONDUCT**

Spas have served as sanctuaries for rest, renewal, and relaxation. At MOKARA Spa, we welcome individuals and groups and encourage all guests to enjoy themselves in a respectful and mindful manner.

To help maintain a peaceful and restorative environment, we kindly ask that you:

- Keep voices low and be considerate of others.
- Respect all shared spaces, allowing every guest the opportunity to relax and unwind in comfort.

We maintain a zero-tolerance policy toward harassment, inappropriate behavior, or unwanted advances from any guest or employee. MOKARA Spa reserves the right to refuse service to anyone who does not uphold our standards of conduct.

### **CELL PHONE USAGE**

As a courtesy to yourself and others, we kindly ask that you silence your cell phones and refrain from loud conversations while in the spa. To preserve the tranquil atmosphere, phone use and photography are strongly discouraged. We invite you to fully disconnect, relax, and enjoy the experience. If you'd like to capture a memory from your visit, our team will be happy to assist you with taking a few photos.

### **RELAXATION & WET AREAS**

Our Hammam, sauna, steam room, whirlpool, and relaxation lounge, fitness center and pool are co-ed spaces. For the comfort, health, and safety of all guests, appropriate swimwear is required at all times. Proper, well-fitting swimsuits must be worn in all spa areas. (G-strings, thongs and see-through swimwear are not permitted in the spa.) Robes, slippers, and towels are available for use during your visit. We appreciate your cooperation in helping us maintain a relaxing and respectful spa environment. Spa amenities are reserved for guests 18 years and older.

### **WELLNESS & SAFETY**

- Guests under the influence of drugs or alcohol will be denied service to ensure the safety of both guests and staff.

### **PAYMENTS & GIFT CARDS**

- All payments made with credit cards must be accompanied with a photo ID.
- Promotions or discounts cannot be combined.
- All sales and gift card purchases are final.

We thank you for your cooperation in maintaining a peaceful and luxurious spa environment. Should you have any questions or special requests, please do not hesitate to contact us.

OMNI HOTELS  
& RESORTS