### MASSAGES

#### MOKARA SIGNATURE MASSAGE

#### 50 MINUTES - M-TH \$170 | FRI-SUN \$180 80 MINUTES - M-TH \$250 | FRI-SUN \$260 Share your experience with a special

Bring your body and mind back into balance while easing away built-up stress and tension. Customized journey beginning with your choice of Mokara Signature Scent. A combination of Relaxing Swedish and Therapeutic Deep Tissue to create a truly personalized massage journey.

#### RIVERWAY RESTORATION MASSAGE

#### 50 MINUTES - M-TH \$180 | FRI-SUN \$190 80 MINUTES - M-TH \$260 | FRI-SUN \$270

Alleviate joint and muscle pain with this rejuvenating treatment. Arnica oil is used throughout the massage to aid in the soreness of muscles, followed by warm towel compresses and a cool and soothing muscle balm application.

#### HOT STONE MASSAGE

### 80 MINUTES- M-TH \$260 | FRI-SUN \$270

Stiffness and soreness slowly melt away as warm Himalayan Salt stones are glided along the body. This supremely relaxing massage harnesses the restorative power of thermal therapy. The direct application of warm stones combined with classic massage techniques send you into a state of blissful relaxation.

#### MOTHER-TO- BE MASSAGE

#### 50 MINUTES- M-TH \$170 | FRI-SUN \$180

Rest as your body is soothed and your skin is indulged with nourishing and moisturizing oil. This massage is designed to answer the developing needs of mother and baby. Available for expectant mothers in their second or third trimester only.

#### **SOLE THERAPY**

#### 50 MINUTES- M-TH \$150 | SAT-SUN \$160

Achieve an overall sense of calm with this ancient method of unblocking energy meridians and bringing balance to the body. The acupressure massage techniques concentrate on the pressure points in your feet, which correspond with the rest of the body. This treatment includes a hydrating and detoxifying foot scrub, warm towels, and a light calf massage. Make this your entire treatment or an addition to your massage.

#### TOGETHER IN WELLNESS

#### 50 MINUTES | 80 MINUTES

someone side by side. Pricing is based on a combination of select services; please discuss with a spa coordinator for recommendation and pricing.

## **ENHANCEMENTS**

#### **AROMATHERAPY**

In this treatment, natural essential oils are used to relax, energize, and smooth muscles and senses.

#### DRY BODY BRUSHING

#### \$30

Light exfoliation helps stimulate blood flow and exfoliate dead skin.

#### CBD OIL AND MUSCLE BALM

Soothing effects of CBD massage oil and CBD muscle balm relieve muscle aches and aid in relaxing mind and body.

#### THERAPUTIC DEEP TISSUE

#### \$30

Experience the rejuvenating effects of deep tissue massage, from increased circulation to enhanced muscle function and elasticity.

#### HIMILAYAN SALT STONES

Warm Himalayan Salt Stones added to your massage to encourage relaxation, stimulate immune support, and calm the nervous system.

### **SCALP RITUAL**

Bring vitality to your scalp with a warm application of oil featuring, coconut oil and passion flower to sooth your scalp and bring brilliance to your hair

# BODY **TREATMENTS**

#### MOKARA SEASONAL BODY

#### 75 MINUTES- M-TH \$260 | FRI-SUN \$270

The journey to smooth, soft skin commences with an invigorating sweet and smooth exfoliation. Using fresh ingredients from mother nature, we have a seasonal selection of products that are sure to please your pallet. The application of an aromatic nourishing lotion leaves skin velvety soft and revitalized.

#### **BODY GLOW**

#### 50 MINUTES- M-TH \$180 | FRI-SUN \$190

Draw upon the healing elements of our shea butter scrub to invigorate and replenish your skin. The gentle sugar and salt particles are ideal for all skin types, even the most sensitive. Select your favorite scent to make this body treatment memorable.

#### MOKARA BODY QUENCH

### 75 MINUTES- M-TH \$260 | FRI-SUN \$270

Banish dry skin with this ultimate hydrating wrap. A mild exfoliation using shea butter and salt is performed on the body followed by an application of warm concreta and oil in your favorite scent. Once you are wrapped in a warm cocoon, a foot and scalp massage complete this decadent treatment.

# **FACIALS**

#### MOKARA SIGNATURE FACIAL

#### 50 MINUTES- M-TH \$170 | FRI-SUN \$180 80 MINUTES- M-TH \$250 | FRI-SUN \$260

Take a journey with our personalized facial. Designed specifically with your skin's needs in mind, this multifaceted facial is completely customized every step of the way. Achieve dramatic results naturally. Following a thorough skin care analysis, one of our expert estheticians will create a customizable treatment incorporating deep cleansing, exfoliation, aromatic steam, nutrient rich mask, and a neck and shoulder massage.

#### **REVERSIVE FACIAL**

### 80 MINUTES- M-TH \$275 | FRI-SUN \$285

Turn back the clock and unlock the natural anti-aging mechanisms of your skin. This PRO YOUTH treatment uses the power of peptides to increase cell turn over and trigger the slowdown of chronological aging process. Drift away and relax with an exquisite facial massage using Rose Quartz stones. The wellness experience is enhanced with antioxidant protection from Rose Stem Cell extract. Skin appears more refined and even, perfected, and radiant.

#### COLLAGEN REBOOT FACIAL

#### 50 MINUTES- M-TH \$180 | FRI-SUN \$190

Reboot the skin's vitality and radiance with the Recharge facial treatment. With a powerful Energy Complex to slow down the signs of skin aging, this treatment delivers an energy boost for the cells to support cellular regeneration and promote collagen synthesis. A gentle AHA peel, customized ampoule & hyaluronic infused foil mask refresh and renew the skin for a more youthful appearance and revitalized radiant complexion.

#### MEN'S FACIAL

#### 50 MINUTES- M-TH \$180 | FRI-SUN \$190

A deluxe treatment designed to address the unique needs of men's skin. Utilizing gentlemen's products developed with advanced formulas for noticeable results, this facial treatment incorporates specialty massage techniques, steamed towels as well as hand, arm, neck and shoulder massage.

# FACIAL

#### ROSE QUARTZ GUA SHA

Rose quartz stones are used to help reduce puffiness in the skin, encourage circulation and relieve tension.

### KNESKO NANOGOLD REPAIR FACEMASK

#### \$35

Symbolizing wealth, this gamechanging gold face mask is a way to bring opulence into your life! Premiumsources 24k Colloidal Gold rejuvenates and repairs damage, while Hyaluronic Acid restores hydration.

### HYDRATING FOOT SCRUB AND MASK

A mild exfoliation using sugar and salt is performed on the feet followed by an application of warm concreta for deep hydration.

### NAIIS

#### MOKARA SIGNATURE MANICURE

#### 45 MINUTES- M-TH \$65 | FRI-SUN \$75

Connect with your favorite aroma in this personalized manicure. This lush treatment begins with a detoxifying soak to restore and revitalize tired hands. Your nails will be trimmed, cuticles cared for, and a gentle exfoliation will buff away dull dry skin. Your manicure will finish with a relaxing arm and hand massage and your nails polished using a performance polish with a 7+ day wear time.

#### MOKARA SIGNATURE **PEDICURE**

#### 55 MINUTES- M-TH \$90 | FRI-SUN \$100

This lush treatment begins with a detoxifying soak to restore and revitalize tired feet. Your nails will be trimmed, cuticles cared for, calluses softened, and a gentle exfoliation will buff away dull dry skin. Your pedicure will finish with a relaxing calf and foot massage and your nails polished using a performance polish with a 7+ day wear time.

# NAIL ENHACEMENTS ENHACEMENTS

GEL REMOVAL \$25 **POLISH CHANGE** HANDS OR FEET 25 MIN \$35 | \$45 PARAFFIN WAX TREATMENT \$25

# MAKEUP **SERVICES**

MAKEUP \$75 MAKEUP TOUCH-UP \$55 **EYELASH APPLICATION \$25** 

#### **BRIDAL SERVICES**

**BRIDAL MAKEUP CONSULTATION - \$75 BRIDAL MAKEUP - \$85** 

## BEAUTY CARE

#### WAXING SERVICES

EYEBROWS - \$30 LIP - \$20 CHIN - \$20 **FULL FACE - \$50** 



## **DETAILS**

#### SPECIAL CONSIDERATIONS

Guests who have high blood pressure or heart conditions, or any other medical complications, are advised to consult with their physicians prior to reserving any spa appointments. Please make your service provider aware of any medical condition. Expectant mothers may be restricted to specific types of treatment or receive modified treatments, depending on their stage of pregnancy. Men having facials should shave no less than two hours prior to their facial for ultimate comfort.

#### SPA ETIQUETTE

For the optimal spa experience for all our guests, we respectfully ask that you leave cell phones turned off while in the spa. The Relaxation Lounge is a spa tone only zone; please be considerate of other guests who are napping or relaxing before or after treatments.

#### SPA BOUTIQUE AND GIFTING SERVICE

To continue your treatment benefits, a comprehensive offering of home care products, including those recommended by your therapist, are available in the Mokara Spa Boutique. We also have developed a fine selection of gift items so you can spoil yourself and loved ones back home. Mokara gift bags are available to be delivered to your room. If you are unable to carry your purchase in your luggage, we can arrange for it to be sent via courier to your desired destination upon your request.

#### GIVE THE GIFT OF RELAXATION

Our Mokara Spa gift card is a thoughtful present for every occasion. Choose from any of our treatments and services to gift the opportunity of experiencing truly memorable relaxation and rejuvenation. Available in store or online.



# MOKARA



#### SPA AND SALON HOURS

Sunday - Friday 10:00am - 6:00pm Saturday 8:00am - 6:00pm

#### **RESERVATIONS**

To ensure the best selection of spa services, we highly recommend that you make your spa reservations prior to your arrival. A credit card is needed to secure the spa reservation. We have both male and female service providers and you will be scheduled with either unless you state your preference.

#### CANCELLATIONS OR CHANGES

We value your business and appreciate your cooperation with our cancellation guidelines. If you must cancel or change your spa reservation, please notify us at least 24-hours prior to your scheduled appointment time to avoid a cancellation charge. Cancellations made with less than a 24-hour notice will be charged full value of the service. No-shows will be charged in full. Any service changes requested with less than a 24-hour notice will be charged a \$50 change fee.

#### ARRIVAL AND CHECK-IN

Please arrive at least 30 minutes prior to your spa service. If you are a guest of the hotel, we encourage you to leave valuables and personal belongings in the security of your guest room. Please bear in mind that arriving late will simply limit the time for your treatment, lessening its effectiveness and your pleasure. Your treatment will end at the scheduled time, so that the next guest will not be delayed. The full value of your treatment will be charged.

#### SERVICE CHARGE

For your convenience, a 20% service charge will be added to the original cost of each service you receive. The service charge will be distributed to the spa staff that assisted you during your visit. Additional gratuities may be provided at your discretion. Pricing is determined by day of the week. M-TH is Monday through Thursday. Fri-Sun is Friday through Sunday including weekday Holidays.











CALL TODAY TO MAKE YOUR SPA APPOINTMENT
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