

# MOKARA

 SPA



# MASSAGES

## PERSONALIZED PRESCRIPTIVE

Relieve muscle tension and eliminate stress with this personalized massage journey. Your choice of Mokara Signature Oil blends and a combination of relaxing Swedish and therapeutic healing techniques create a tailored treatment that will ease fatigue and exhaustion.

MONDAY - THURSDAY	FRIDAY - SUNDAY
50 minutes: \$155	50 minutes: \$170
80 minutes: \$215	80 minutes: \$230
110 minutes: \$275	110 minutes: \$290

## ARNICA & CBD HOT TOWEL

This treatment combines the anti-inflammatory extracts of arnica paired with CBD, a mixture of therapeutic massage techniques and steaming hot towels. Access all the mind-body benefits of CBD while your expert massage therapist soothes and releases overworked muscles.

MONDAY - THURSDAY	FRIDAY - SUNDAY
80 minutes: \$220	80 minutes: \$235

## DEEP TISSUE

Relief and renewal for sports enthusiasts. Target attention to sore back, joints, hands or feet. This treatment will be focused on a specific need to assist you in improving range of motion and flexibility.

MONDAY - THURSDAY	FRIDAY - SUNDAY
50 minutes: \$185	50 minutes: \$200
80 minutes: \$245	80 minutes: \$260
110 minutes: \$305	110 minutes: \$320

## MOTHER-TO-BE

A pampering full body experience. Your expert massage therapist will utilize Swedish massage techniques to help relax mothers in the second and third trimesters.

MONDAY - THURSDAY	FRIDAY - SUNDAY
50 minutes: \$155	50 minutes: \$170
80 minutes: \$215	80 minutes: \$230

## HIMALAYAN SALT STONE

The ancient tradition of stone massage is paired with your choice of Mokara Signature Oil blends to promote deep relaxation. Purify the skin and experience gentle exfoliation with warm Himalayan salt stones in this luxurious treatment. Drift away and relax with an exquisite facial using Rose Quartz stones.

MONDAY - THURSDAY	FRIDAY - SUNDAY
80 minutes: \$220	80 minutes: \$235

## DUET MESSAGE

Enjoy any of our massages side-by-side. Couple room additional \$10 per service.

# ENHANCEMENTS

Can be added to any massage. Limit one per 50-minute service. Limit three per 75-minute service.

## REFLEXOLOGY

A must for sore, tired feet and a wonderful way to extend your relaxing massage experience.

## HAND & FOOT QUENCH

The hands and feet are keys to relaxation. Let warm melted shea butter penetrate tired feet and overworked hands. Your muscles will relax and your skin will feel soft and nourished as your massage service is performed.

## HOT OIL SCALP RITUAL

Hot oil in the aroma of your choice is drizzled over the scalp for a hydrating scalp massage and hair treatment. Hair is left shiny, silky and hydrated.

## DRY BRUSH EXFOLIATION

Dry skin body brushing effectively exfoliates, boosts circulation, reduces the appearance of cellulite and offers both stress relief and invigoration.

## ARNICA CBD INFUSION

Relieve muscle aches and ease tension with this warming cayenne, arnica and CBD enhancement that provides extra care on a focused area.



# BODY TREATMENTS

## HYDRATING CBD WRAP

Revitalize from head to toe after everyday exposure to the elements. Access the mind-body benefits of CBD as you bask peacefully in this hydrating cocoon. End your service with either a relaxing scalp massage or grounding foot massage.

MONDAY - THURSDAY	FRIDAY - SUNDAY
50 minutes: \$155	50 minutes: \$170

## MOKARA INNER GLOW RITUAL

Your ritual journey will begin with a refreshing head to toe body exfoliation. Next, hot towels are applied to help ease muscle tension. A nourishing aromatic body oil is then liberally massaged into the skin. After your expert spa therapist wraps you in a cocoon of warmth, enjoy a relaxing scalp and foot massage.

MONDAY - THURSDAY	FRIDAY - SUNDAY
80 minutes: \$220	80 minutes: \$235

## DR. DENNIS GROSS PRO BODY PEEL

Treat and prevent the signs of aging with this full-body clinical peel treatment. This luxurious service is ideal for treating dry skin, blemishes and hyper-pigmentation caused by sun exposure. Your skin care specialist will cleanse, exfoliate and soothe the skin with a deeply hydrating hyaluronic moisture cream. You will then be wrapped in a cocoon of warmth, while you relax and enjoy a scalp and foot massage.

MONDAY - THURSDAY	FRIDAY - SUNDAY
110 minutes: \$270	110 minutes: \$285

**Seasonal Body Treatment is available upon request.**

# FACIALS

## PERSONALIZED PRESCRIPTIVE

This customized treatment meets all your basic skin care needs, including cleansing, exfoliation, extractions, treatment mask and a relaxing neck and shoulder massage.

MONDAY - THURSDAY	FRIDAY - SUNDAY
50 minutes: \$155	50 minutes: \$170
80 minutes: \$215	80 minutes: \$230

**LED facial treatment and extended facial massage included in the 80 minute facial.**

## GENTLEMAN'S

This treatment tailored specifically for men, meets all your basic skin care needs. The service includes cleansing, exfoliation, extractions, treatment mask and a relaxing neck and shoulder massage.

MONDAY - THURSDAY	FRIDAY - SUNDAY
50 minutes: \$155	50 minutes: \$170
80 minutes: \$215	80 minutes: \$230

**LED facial treatment and extended facial massage included in the 80 minute facial.**

## COLLAGEN INFUSION

Plump the skin with this collagen boosting treatment. Ultra-potent hyaluronic acid and collagen plump the skin from the inside out, while smoothing fine lines and wrinkles. The service includes facial massage, scalp massage, neck and shoulder massage.

MONDAY - THURSDAY	FRIDAY - SUNDAY
80 minutes: \$220	80 minutes: \$235

## HIGH SKIN REFINING

Using the power of peptides to lift and tone the skin, this anti-wrinkle treatment will smooth and firm the skin. The result is a more youthful, well-contoured face. The service includes facial massage, scalp massage, neck and shoulder massage.

MONDAY - THURSDAY	FRIDAY - SUNDAY
80 minutes: \$220	80 minutes: \$235

## DERMAFACIAL

Our most popular facial. Treat your skin the ultimate glow. Your facial will begin with DERMAFLASH LUXE+ Award-Winning Sonic Exfoliation to safely and gently remove dead skin cells, peach fuzz and built-up debris. Skin is now perfectly prepped to fully absorb additional treatments. The service includes facial massage, scalp massage, neck and shoulder massage.

MONDAY - THURSDAY	FRIDAY - SUNDAY
80 minutes: \$220	80 minutes: \$235

## OKC SIGNATURE STRAWBERRIES & HONEY

Experience the flavor of Oklahoma City. Soothe and revitalize your skin with organic strawberry and honey. This deeply hydrating service includes cleansing, exfoliation and a treatment masque. You will receive an extended facial massage as well as a relaxing scalp, neck and shoulder massage.

**MONDAY - THURSDAY**      **FRIDAY - SUNDAY**  
80 minutes: \$205      80 minutes: \$220

Seasonal Body Treatment is available upon request.

## ENHANCEMENTS

3D HYDRO GEL EYE MASK

3D HYDRO GEL FACE MASK

PRO RETINOL PEEL

AFTER GLOW

## NAIL SERVICES

### MOKARA CUSTOM MANICURE

Designed especially for dry skin, our exfoliating scrub gently polishes the skin to perfection. Relax with a deeply hydrating hand and arm massage. Your nail care specialist will finish with cuticle and nail care.

**MONDAY - THURSDAY**      **FRIDAY - SUNDAY**  
50 minutes: \$65      50 minutes: \$80

### MOKARA CUSTOM PEDICURE

Designed especially for dry skin, our exfoliating scrub gently polishes the skin to perfection. Relax with a deeply hydrating lower leg and foot massage. Your nail care specialist will finish with cuticle and nail care.

**MONDAY - THURSDAY**      **FRIDAY - SUNDAY**  
50 minutes: \$75      50 minutes: \$90

### GENTLEMAN'S PEDICURE

This men's specific service will restore moisture and soothes weathered, worn skin. Tired muscles will be relaxed with lower leg and foot massage. Your nail care specialist will finish with cuticle and nail care.

**MONDAY - THURSDAY**      **FRIDAY - SUNDAY**  
50 minutes: \$70      50 minutes: \$85

## SIGNATURE HOT STONE PEDICURE

Soothe tired legs and feet with warm stones. Enjoy the benefits of our signature pedicure with an extended lower leg and foot massage.

**MONDAY - THURSDAY**      **FRIDAY - SUNDAY**  
80 minutes: \$95      80 minutes: \$110

Seasonal Body Treatment is available upon request.

## ENHANCEMENTS

HAND QUENCH

FOOT QUENCH

FRENCH POLISH

CND SHELLAC

ARNICA CBD INFUSION

GEL REMOVAL

25 minutes

## HAIR SERVICES

CUT & BLOW OUT

GENTLEMAN'S HAIRCUT

BANGS TRIM

BEARD TRIM

WASH & BLOW OUT

EVENT STYLE OR CURLS

GLOSS

## MAKEUP SERVICES

SPECIAL EVENT & BRIDAL MAKEUP

## WAXING SERVICES

FACIAL WAXING

# SPA PACKAGES

## THE HAVEN

50-minute Prescriptive Facial **OR**

50-minute Prescriptive Massage

50-minute Mokara Pedicure

Complimentary Enhancement

**MONDAY - THURSDAY**

\$230

**FRIDAY - SUNDAY**

\$260

## THE SANCTUARY

50-minute Prescriptive Facial

50-minute Prescriptive Massage

Complimentary Enhancement

**MONDAY - THURSDAY**

\$295

**FRIDAY - SUNDAY**

\$325

## THE RETREAT

80-minute Prescriptive Facial

80-minute Prescriptive Massage

50-minute Restore Wrap

Complimentary Enhancement

Complimentary glass of champagne

**MONDAY - THURSDAY**

\$585

**FRIDAY - SUNDAY**

\$615





## DETAILS

### SPA HOURS

Sunday - Thursday 9 a.m. - 6 p.m.

Friday & Saturday 9 a.m. - 7 p.m.

Hours may vary by season. Please call in advance.

### RESERVATIONS

We recommend scheduling spa services prior to your visit for the widest selection of treatments and appointment times. Bookings made on the same day of service and walk-in appointments are always welcome, based on availability. When scheduling, please specify if you have a gender preference for your therapist. If you have any health concerns or are pregnant, there may be contraindications for some services. All appointments must be guaranteed with a major credit card. Prices and services are subject to change. To schedule your appointment, please call our spa concierge desk at 405.438.6450.

### CANCELLATIONS & RESCHEDULING POLICY

Your treatments are reserved specifically for you. If you must change or cancel your appointment, please notify the spa directly at least six hours in advance of the treatment time to avoid being charged. For a cancellation with less than a six-hour notification, guests will be charged 50% of the treatment fee, or a \$35 same day rescheduling fee. For no-show appointments, the full treatment amount will be charged. Spa packages are subject to a 12-hour cancellation policy.

### SPA ARRIVAL & CHECK-IN

In order to enhance your experience, we recommend you arrive at least 30 minutes prior to your scheduled appointment to complete a brief consultation form, change and relax. Arriving late will likely shorten your spa treatment, as we must end at the scheduled time so that we may honor the next guest's appointment time. The full value of your treatment will be charged.

### AGE REQUIREMENTS

The minimum age requirement to utilize the spa facilities and receive massages, facials or body treatments is 18 years of age. Any guests under the age of 18 may receive salon services but must be accompanied by an adult.

### SERVICE CHARGE

For your convenience, a 20% service charge will be added to the original cost of each treatment you receive. The service charge will be distributed to the staff that assisted you during your visit. Additional gratuities may be provided at your discretion.

### SPEAK SOFTY & SILENCE CELL PHONES, PLEASE

Mokara Spa offers the rare opportunity to relax in a calm, quiet environment with little disruption or distraction. Please help us maintain this peaceful atmosphere by turning off your cell phones and electronics and by speaking softly.



CALL TODAY TO MAKE YOUR SPA APPOINTMENT.

100 West Oklahoma City Blvd., Oklahoma City OK 73109 • 405.438.6450

[OMNIHOTELS.COM/OKLAHOMACITY](https://omnihotels.com/oklahomacity)

MOKARA  
✿ SPA