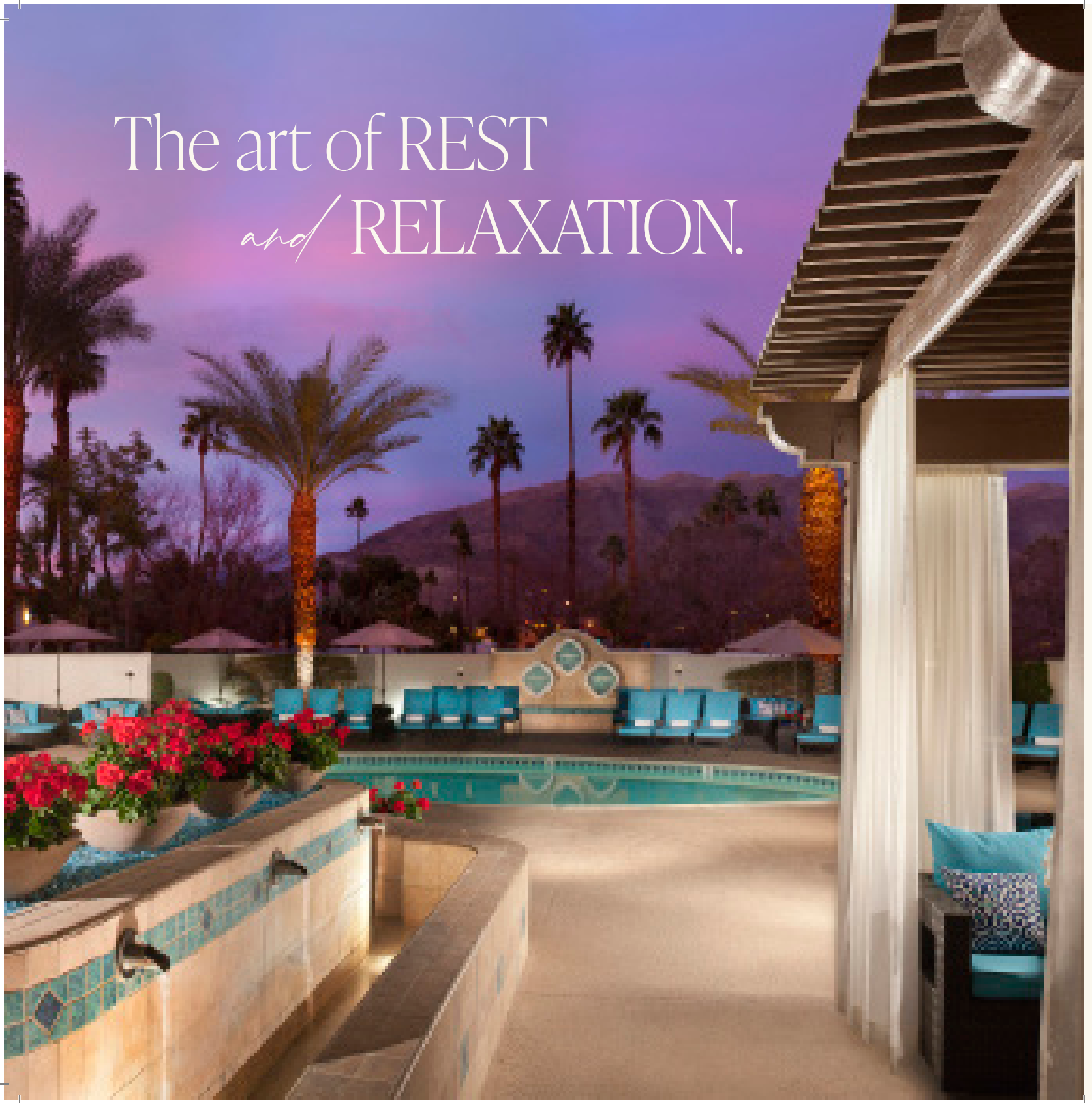


Spa Brochure.



OMNI RANCHO
LAS PALMAS

The art of REST
and RELAXATION.



EXPERIENCE YOU IN A WHOLE NEW LIGHT.

The Spa at Rancho Las Palmas offers a unique opportunity to experience yourself from a relaxed perspective. An oasis of rejuvenation — discover a vast array of treatments and amenities, wellness facilities and programs, salon services and more.

MASSAGES

LIFE FORCE MESSAGE

60 MINUTES | 75 MINUTES

This Signature Treatment integrates healing modalities to restore the harmonious flow of life within that combines a firm nurturing massage with the benefit of specific bodywork techniques. The goal of each treatment is to balance the flow of Chi and energize the meridians.

By removing tension associated with discomfort in specific parts of the body, and to assist with any energy that is not moving and causing the systems of the body to stagnate, lose flow, and rhythm. The focus is to nurture the life-giving systems of the body, release tension, energize the senses, increase vitality, and restore overall wellbeing.

INTUITIVE MESSAGE (JUST FOR YOU)

60 MINUTES | 75 MINUTES

The Intuitive massage made "Just for You." You and your therapist will design the best massage that you require. Your therapist may use any massage modalities during this treatment and can incorporate Hot Stones, CBD, Yogi Pain Bals to enhance your experience.

CBD MESSAGE

60 MINUTES | 75 MINUTES

A relaxing experience for your body. CBD oil and Pain Relief Balms used to help relieve stress and to soothe tired muscles. Our massage uses rhythmic strokes with light relaxation pressure.

SWEDISH

60 MINUTES | 75 MINUTES

This is the massage to combat and relieve stress, promote relaxation, and enhance circulation. Our Swedish massage uses long, luxurious rhythmic strokes with light to medium relaxation pressure.

DEEP TISSUE

60 MINUTES | 75 MINUTES

Using firm pressure and therapeutic massage techniques, this therapeutic massage targets deeper layers of muscle tissue. It releases tightened muscles, making them more pliable, while reducing stress and tension.

PRENATAL MESSAGE

60 MINUTES

Designed for the mom-to-be in her second or third trimester, this custom pregnancy massage addresses the body's needs and changes that may cause stress and discomfort. Our prenatal massage is a restorative treat that helps alleviate muscle tension and fatigue during pregnancy.

COUPLES MESSAGES

60 MINUTES | 75 MINUTES

Enjoy your choice of massages in our treatment rooms created specifically for Two.

Choose from Swedish, Deep Tissue or CBD massages as your combinations.

MASSAGE ENHANCEMENTS

Body Contour Massage (15 minutes)

Scalp Massage (15 minutes)

Foot Massage (15 minutes)

CBD Pain Relieving Oil (Add On)

Yogi Balm Aromatherapy (Add On)

A 20% service charge will be added to your treatment based on the full price of the service provided.

Pricing is based on seasonality, day of week and demand.



BODY TREATMENTS

BODY SCRUB

60 MINUTES

Combat the visible effects of skin aging and restore the appearance of a younger, more toned body with this Hybrid Salt/sugar scrub. The skin texture is smooth and infused with antioxidants. The scrub finishes with an application of lotion.

STONE CROP CACTUS WRAP

75 MINUTES

Your treatment begins with a gentle dual action full body exfoliation. Next, you are cocooned in a regenerative full body wrap. Experience the cooling, anti-inflammatory effects. This service incorporates five highly effective products, packed with organic ingredients from our Eminence Stone crop body collection.

Added benefits: The look of age and sunspots reduced. The skin is smooth, refreshed , moisturized and brightened.

MANGO ENZYME WRAP

75 MINUTES

Active enzymes and vitamins in this body wrap infuse your skin with hydration and gently exfoliate to leave a refreshed look. The skin appears tightened and toned. The appearance of elasticity and a look of youthfulness restored to the skin. The skin appears smooth and hydrated.

CHOCOLATE WRAP

75 MINUTES

A luxurious deep moisturization Treatment, improved circulation, potential cellulite reduction due to caffeine content, skin tightening, antioxidant protection, stress relief from the aroma, and a general feeling of relaxation and rejuvenation, all thanks to the nourishing properties of cocoa butter and other ingredients within the chocolate mixture.

HERBAL CELLULITE TREATMENT WRAP

60 MINUTES

Herbal body wraps can have benefits, including improved skin, reduced cellulite, and relaxation. Hydration: Ingredients like aloe vera, honey, and shea butter can leave skin feeling soft and moisturized. Firming: Anti-cellulite ingredients can help improve the appearance of dimpled skin .

Collagen production: Body wraps can promote collagen production and increase skin elasticity.



ELEMENTAL SCENT RITUAL

105 MINUTES

The Human Body is in harmony and balances with the natural elements. Air, Fire, Earth & Water. These Elements all influence the body, mind & spirit. To better heal and balance the body, our senses are drawn to specific smells that we require for them to benefit us.

Your Journey will start off selecting your Elemental Scent. "Air, Fire, Earth or Water." Your therapist will then use this scent throughout your Elemental Scent Ritual which consists of: A Full Body combination body exfoliation. Full Body Cocoon Nourish Wrap with Nourishing Scalp Therapy & a Neck, Shoulder & Back massage, incorporating the scent you have chosen.

CHAKRA BALANCE RITUAL

105 MINUTES

A holistic meditative wellness practice that focuses on balancing and harmonizing the seven energy centers in the body, known as the chakras. These energy centers believed to be located along the spine, from the base (root chakra) to the crown of the head (crown chakra). Each chakra is associated with different physical, emotional, and spiritual aspects of well-being. Incorporating the use of Sound (Sound Bowl), Color Therapy (Chakra Crystal lights), Scent (Aromatherapy) & Touch (Massage).

FACIALS

All facials begin with a thorough skincare analysis to determine the best-suited treatment and home care recommendations.

***Please plan to arrive with no make-up.*

HYDRAFACIAL

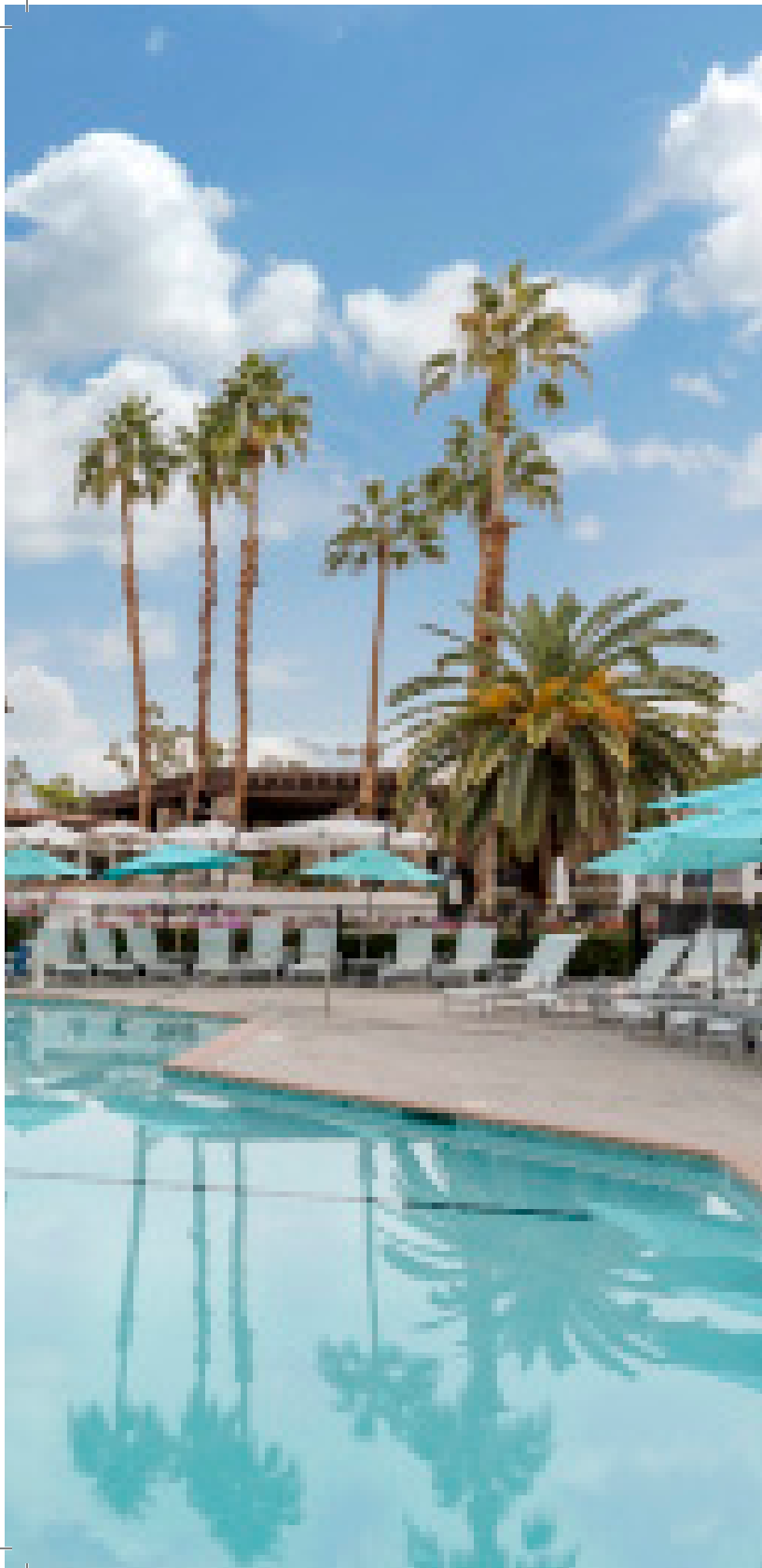
60 MINUTES

Transform your skin health through the merging of innovative spa therapies and advanced medical technology. Resurface with Vortex- Fusion to uncover layers of new skin and allow gentle suction to extract impurities and infuse intense moisturizers to nourish. Your skin surface saturated with antioxidants and peptides to brighten, firm and maximize your glowing complexion. Safe for all faces and requires no social downtime.

JLO GLOW HYDRAFACIAL

60 MINUTES

Inspired by JLo Beauty's best-selling THAT JLO GLOW™ SERUM, our latest super serum delivers on three main goals: tighten, brighten, and hydrate. Advanced ingredients enhance and nourish, giving the skin a show-stopping glow. This new super serum elevates the entire HydraFacial experience and leaves skin healthy and glowing like never before.



LYMPHATIC HYDRAFACIAL 60 MINUTES

The Lymphatic HydraFacial™ helps reduce toxins and puffiness, improves dull skin and restores radiance.

COLLAGEN HYDRAFACIAL 60 MINUTES

The Collagen Boost HydraFacial™ reduces fine lines and wrinkles. Improving the skins elasticity and firmness.

BEYOND ORGANIC FACIAL 60 MINUTES

Treat yourself to Nature's Beauty. Think amplified organic: pure and potent ingredients that are even higher in vitamins, nutrients, and active compounds. Beyond Organic specifically created to address the most sensitive of skins. Both external and internal stressors can affect the health of the skin resulting in moderate to deep levels of dehydration, inflammation, and imbalance. Hyper-allergenic, this advanced collection is both a healing treatment and a series of results: nurturing, calming, repairing, and restoring. Its gentle scent caresses the spirit. Feel the creamy textures boost the health of your skin into a new level of tranquility. This is beyond organic. Purity in its ultimate form.

INTUITIVE FACIAL (JUST FOR YOU) **75 MINUTES**

Not sure what type of facial you require. Allow your specialized Therapist to create the facial "Just for You." Your therapists will use all the tools they have available to create and customize your own facial. This may include additional masks, extractions, massage.

TREATMENT FACIAL **60 MINUTES**

Allow our experienced skincare specialists to create a customized facial to specifically address individual concerns ranging from sun-damaged skin to anti age. A diverse collection of powerful peptides and vitamins combined to both modify and address varying issues. This facial does not include extractions.

DEEP CLEAN FACIAL **60 MINUTES**

This facial treatment cleanses your skin deeply to remove the dirt and debris that accumulate in your pores. The treatment begins with a deep cleansing followed by exfoliation and extractions. Your skin will feel softer and look smoother after doing a deep pore cleansing treatment.

CHI ENERGY BALANCE FACIAL **60 MINUTES**

"Energy is activated by breathing, touch and smell." The Chi Energy Balancing Facial integrates sensory modalities with warmed stones and chilled facial gem rollers to build and restore energy.

This facial begins with mindful aroma inhalation in combination with a lulling compression neck and shoulder massage, to start your restoration & wellbeing.

This treatment incorporates the use of Eminence organic finishing products, with infused natural gemstones that nourish and supply a balanced radiance to your skin.

CRYO-SCULPT GUA SHA FACIAL **60 MINUTES**

The BABOR CRYO-SCULPT GUA SHA Facial combines the benefits of cold therapy and massage sculpting using the BABOR CRYO-SCULPT GUA SHA. Using the ergonomic shape of the Gua Sha hand tool that perfectly adapts to the contours of the face and neck.

The Babor Gua Sha Cryo Facial uses Dr Babor Lifting RX products that promote better cell health and growth.

FACIAL ENHANCEMENTS

Chill Eye Treatment

Lip Treatment

DermaFlash

Extractions

SCALP THERAPY

HYDRAFACIAL SCALP CLEANSE 60 MINUTES

Utilizing HydraFacial's patent vortex technology a scalp cleanse is a thorough cleansing process designed to remove buildup of oils, dead skin cells, and product residues from the scalp. This practice is crucial for maintaining a healthy scalp and promoting optimal hair growth.

HYDRAFACIAL KERA VIVE FOR NATURAL HAIR GROWTH 60 MINUTES

HydraFacial Keravive is a specialized treatment designed to improve scalp health and promote hair growth. It combines a deep cleansing process with a proprietary blend of growth factors, peptides, and proteins. The treatment helps to remove impurities and dead skin cells from the scalp, enhancing circulation and hydration. This revitalization creates an optimal environment for hair follicles, leading to healthier, fuller-looking hair. The procedure is non-invasive and typically involves a series of 3 sessions for best results.

LASHES

Classic Lash Extensions (Full Set)

Hybrid Lash Extensions (Full Set)

Volume Lash Extensions (Full Set)

Eyelash Tinting

Eyebrow Tinting

NAIL SALON

CBD RESTORE PEDICURE

Soul to sole care is at the heart of Antara's luxurious CBD Pedicure. Starting with an Effervescent truffle foot soak, nail care, foot exfoliation and foot massage with our CBD massage oil and age defying paracress infused CBD Pain Relief Balm to ease muscle tension while caring for your skin.

CLASSIC SPA MANICURE

This treatment includes a cleanse, nail trimming, filing and polish application of your choice.

CLASSIC SPA PEDICURE

Allow your hardest working area to retreat, Pedicure includes foot soak, sugar scrub, foot buffing, nail trimming, filing and polish application of your choice.

SHELLAC GEL POLISH MANICURE

Spa Classic Manicure
with CND Shellac Polishes

SHELLAC GEL POLISH PEDICURE

Spa Classic Pedicure
with CND Shellac Polishes

DETAILS

SPA & SALON HOURS

Daily | 8:30 a.m.-6 p.m.
(Hours may vary seasonally)

RESERVATIONS

Advance reservations are recommended and may be arranged by calling 760.836.3106. Should you choose to change your treatment type or cancel your reservation, please provide a 24-hour notice to avoid a 100% cancellation fee. The spa and amenities are reserved for guests ages 18 and over. Please notify us of any medical concerns at time of scheduling. All prices and services are subject to change.

THE SPA & SALON RETAIL BOUTIQUE

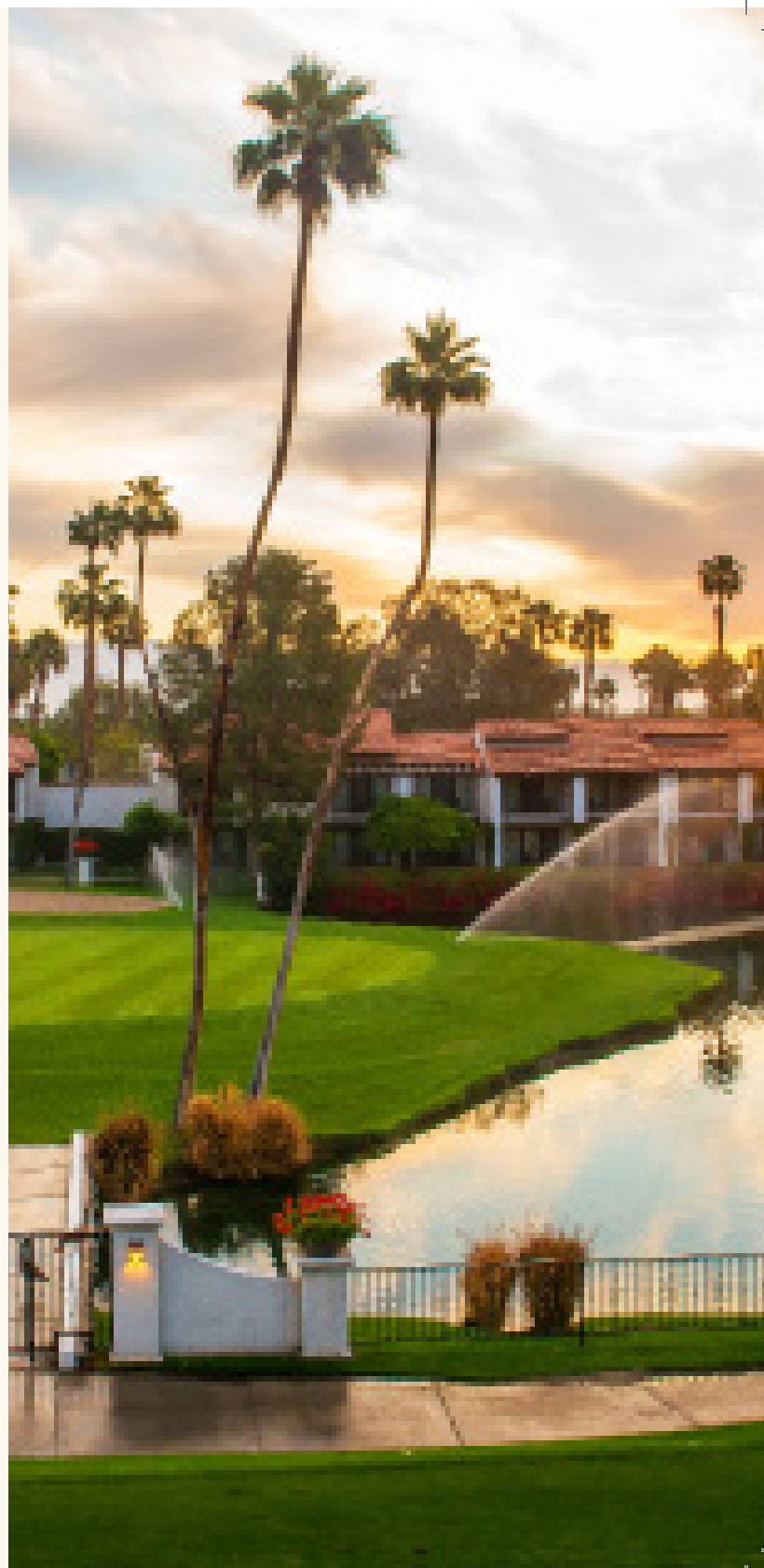
Take your spa experience home with skincare lines including DermaQuest, Eminence, Pure Fiji, Moroccan Oil and other locally sourced lines. The boutique also features jewelry and fashion attire from Beyond Yoga, Alo and more.

GIFT CARDS

Spa gift cards make an ideal year-round gift for any celebration or occasion.

SPA AMENITIES

The spa facilities include a dry sauna, steam room, whirlpools, aromatherapy showers, relaxation lounges, and a serene spa pool. Day passes are available to be purchased to access the facilities and is based on availability.





Call today to make your spa appointment.

760.836.3106 • [OMNIHOTELS.COM/RANCHOLASPALMAS](https://www.omnihotels.com/rancholaspalmas)

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