



# HIGH PERFORMANCE JUNIOR TENNIS ACADEMY

Offered Monday - Friday from 2pm - 5pm

Ages 10+

This program is designed for dedicated tournament players. Our High Performance program conditions all areas from fitness, conditioning and mental toughness to point play, live ball drilling, play patterns, match play and technique adjustments. Participants learn to incorporate power and different spins into their shot making. Shot patterns, proper footwork, offensive and defensive strategy will improve through drilling as well as supervised match play. Participants must understand rules and etiquette for matchplay, as this is a large aspect of our program.

## 2025 SUMMER SESSION DATES:

- |                                 |                                |
|---------------------------------|--------------------------------|
| <b>1 : June 9th - 13th</b>      | <b>6: July 14th - 18th</b>     |
| <b>2 : June 16th - 20th</b>     | <b>7: July 21st - 25th</b>     |
| <b>3: June 23rd - 27th</b>      | <b>8: July 28th - Aug. 1st</b> |
| <b>4: *June 30th - July 4th</b> | <b>9: August 4th - 8th</b>     |
| <b>5: July 7th - 11th</b>       | <b>10: August 11th - 15th</b>  |

\*excluding 7/4 prorated fee

### Monday - Friday (weekly)

Members: \$275 Non Members: \$320

### Monday - Friday (pro-rated week)

Members: \$220 Non Members: \$255

### Monday - Friday (per day)

Members: \$60 Non Members: \$70

Scan the code to register or visit [www.LaCostaJrTennis.com](http://www.LaCostaJrTennis.com)



For more information contact:  
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